

# Jumpstart 4 Kids

Newsletter No 3, 2011 MARCH

## AMBULANCE VISIT Monday 14<sup>th</sup> February



The children were thrilled with our recent

ambulance visit. Officer Tony talked to the children about the special clothes that ambulance officer's wear and how they are there to help children if they are not well. Officer Tony was very impressed with the children's good manners and behaviour. In case of an emergency the children all know to dial Zero, Zero, Zero.

Pressing the siren for the ambulance was a highlight for the children as they explored the ambulance and the equipment. We thank NSW ambulance for this very special visit.  
(NQS 1, 2, 3, 5, 6 & 7)



## HAPPY VALENTINES DAY

We hope that all our families enjoyed receiving their very Special Valentines day cards from the children.



The children enjoyed wrapping their special gifts and creating their special cards. We hope that all families took the time to say "I Love You" and share a special hug.

## EASTER EGGS DONATIONS

All families are asked to bring in an Easter Egg by Friday 18<sup>th</sup> March

## NOMINATIONS

CLOSE 15th March

Support the Centre by nominating us at



[www.childcareawards.com.au](http://www.childcareawards.com.au) and follow the options. Categories include

- [Early Childhood Educator of the Year](#)
- [Child Care Director of the Year](#)
- [Rising Star Award](#)
- [Children's Service of the Year](#)

(NQS 1, 2, 3, 4, 5, 6&7)

## WEEKLY EXPERIENCES



**HAVE YOU COMPLETED A FAMILY**

**Make you child a star for the week**

We encourage all families to complete a family focus sheet in the front foyer and provide this to room staff. These sheets are a valuable part of our weekly programming. Please support us by sharing your experiences with your child. .

**During the MONTH of MARCH** the Busy Bees and the Playful Possums will be engaging in the following learning experiences:

### BUSY BEES:

1. Weather
2. Under the Sea
3. Colour
4. Transport

### PLAYFUL POSSUMS:

1. Circus
2. Under the Sea
3. Numbers 1-5
4. Numbers 1-10

## **BABY BUNYIPS:**

The Baby Bunyip's will be exploring "Under the Sea" for the Month of March. They will be exploring water play and all the wonderful creatures that lie below. Sand play and a variety of sensory craft experiences will develop the children's sense of touch (NQS 1, 2, 3, 4, 5, 6&7)

## **MUNCH, SIP and CRUNCH**



Late last year we commenced offering children in the Possums and Bees room vegetables sticks, with cheese and crackers. We are pleased to say that children are now really enjoying this experience and variety. Having water after meals to rinse their mouth and

crunch vegetables are just one way that we can support healthy diets and dental awareness for our children. We appreciate parents bringing items for our afternoon platters and for our morning platters of fresh fruit. (NQS 1, 2, 3,

**We have attached the latest "Munch and Crunch" newsletter for families.**

## **ASTHMA AWARENESS**

With the winter months slowly approaching and the change in seasons many children who may suffer from Asthma may require medication whilst at the centre. Please be aware that if your child does have asthma, an Asthma plan completed by your family doctor must be provided. These asthma plans are required to be updated every 3 months. We ask all parents to ensure that they provide this to the centre. Parents are welcome to ask for an asthma plan so that they can provide this to their family doctors.

## **SICKNESS POLICY.**

Illness in childcare centres can easily spread from one child to another if a child remains at the centre or is left at the centre by parents with a known illness. Children who are unwell need the care of parents in their home so that other children and staff do not become ill. If your child is unwell, staff will notify you of your child's illness.

We ask that your child be collected as soon as possible and that they do not return to the centre within a 24 hour period. We always appreciate clearances from doctors and in cases of conjunctivitis this is necessary before returning to the centre for care.

If families are unsure about our illness policy please speak to staff at any time as we are more than happy to clarify any issues with parents and families. (NQS 2, 3, 6&7)

## **LABEL ITEMS**

We are encouraging all families to label their children's belongings. Please ensure that you label your child's bag, hat, food containers and bottles clearly with permanent markers. This is for hygiene and safety reasons.

## **RECEIPTS FOR FEBRUARY**

Receipts for **FEBRUARY** are now located in the foyer for parents to collect. We remind all families that fees are payable on your child's first day of attendance each week. Parents who fall behind on Fees will have an additional \$20 **late fee added to their bill**. We remind all families that fees are payable prior to using the service.

## **DIRECT DEBIT OPTION**

Families may like to set up automatic payments for their child care fees. This is an easy and effective way to ensure that your fees are paid weekly and that fees are not in arrears. If parents would like to pay their fees with this option please follow the following steps;

- 1. Notify the centre (Maree or John) about your intention to commence this payment option and date.**
- 2. BSB 012-429**
- 3. Account No: 493 370 308**
- 4. Place your child's name / surname in the transaction for point of reference.**

(NQS 6&7)

## **HEATING BOTTLES:**

**Parents are welcome to heat milk bottles using the microwaves in the kitchen. We would ask parents to follow these steps when heating bottles.**

- 1. Remove cap and teat top from bottle**
- 2. Place bottle in microwave for 40 seconds.**
- 3. Remove from microwave. Replace teat and bottle cap. Shake bottle.**
- 4. Allow bottle to rest for at least one minute.**
- 5. Shake bottle and test temperature prior to providing to the child.**

All bottles for children need to be labelled and placed in the bottle fridge only. Dummies need to be labelled and have a cap for hygiene purposes. (NQS 2, & 7)

## NOTICE ALL PARENTS



### NO HAT NO PLAY

No child will be allowed to play outside without a hat. UV protection for young children's skin is very important. All staff apply sunscreen 20 minutes prior to outdoor play. A hat must be worn so that children are protected at all times. Children who do not have a hat will need to purchase a hat from the front office area for \$12 otherwise their child will need to remain under the awning for outdoor activities until a hat is provided.

Hats purchased from the centre have a UV rating of 50+ (NQS 1, 2, 5, 6, & 7)

## RAFFLE PRIZES

### DONATIONS UNWANTED GIFTS

During the year the centre has raffle prizes for Mothers day, Easter, Fathers day and Christmas.

If you would like to donate items for our raffles throughout the year we would be appreciative. (NQS, 6&7)

### DONATIONS

Please consider the centre when you are having your clean up's.

We are always appreciative of the following items

- Books
- Toys
- Craft Items
- Magazines
- Wool
- Material
- Egg cartons
- Plants – Potting mix , seeds,
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THANK YOU to the following families who have recently donated generously to our centre

Levi Maher – Bunyip's  
Kim Martin – Possums  
Angus Pearce- Bees  
Lockie Isaako – Bees  
Neha Sharma – Bees  
Addison Famularo - Bees

## WHATS HAPPENING

- 1<sup>st</sup> March Parents Forum 6.30pm
- 4<sup>th</sup> March Clean up Day
- 8<sup>TH</sup> March Pancake Tuesday
- 10<sup>th</sup> March Under The Sea show 10.30 am
- 17<sup>th</sup> March St Patrick's Day Green Dress Day
- 25<sup>th</sup> March Grandparents afternoon Tea 3:15pm
- 18<sup>th</sup> March Easter Egg Donations Due

## A FINAL THOUGHT



In preparation for our Grandparents afternoon tea I was searching the web for a few quotes. I thought that I would share these few simple quotes with you so you can recall fond thoughts of your own grandparents and treasure the thought that someday we may all be lucky enough to experience the joy of being a grandparent for our own children or other young children around us.

*Few things are more delightful than grandchildren fighting over your lap.*

*Grandparents are there to help the child get into mischief they haven't thought of yet.*

*A mother becomes a true grandmother the day she stops noticing the terrible things her children do because she is so enchanted with the wonderful things her grandchildren do.*

*Call it a clan, call it a network, call it a tribe, call it a family. Whatever you call it, whoever you are, you need one.*