

Jumpstart 4 Kids

Newsletter No 7, 2013 JULY

WELCOME BACK

We welcome back Miss Justine from her maternity leave. Miss Justine will join Miss Amie in the Busy Bees room, being very familiar with the children and families whom she cared for last year in the Possums room. Miss Christine will assist Miss Nikki in the Possums room.

MISS AMANDA'S FAREWELL

On the 4th June we celebrated Miss Amanda's farewell by holding a staff dinner and sharing a lovely meal of Chinese and cute cupcakes made by Miss Maree. This was a wonderful opportunity for the staff to come together and celebrate the upcoming arrival of Miss Amanda's baby. We wish Miss Amanda all the very best and look forward to sharing the news of the arrival of her baby with you all.



SCIENCE SHOW

On Wednesday the 18th June we had the Fizzics science show come to visit us at the centre. The children really enjoyed the opportunity to use some different resources and learn how certain things work. A big highlight of the presentation was the film canister rockets which used vinegar and baking powder. We all got a big shock when the rocket took off up in to the air. We also enjoyed seeing the vinegar and baking powder blow up a balloon attached to a bottle. The children were talking about this fun experience all day long!



BUSY BEES

WEEKLY EXPERIENCES

ROOM STIMULUS AREAS:

BUSY BEES:

1. Time
2. NAIDOC week
3. Sport week
4. Caring for others
5. Friendships



During the week of the 15th of July we will be competing in sport week. We are asking that children bring in any sport related items that they have at home such as jerseys, sports outfits, balls, equipment and trophies. Please ensure all items are labelled with your child's name.

SCHOOL READINESS FOCUS

The school readiness program is displayed on the program wall. We ask that parents please check the program and work on these skills with their child at home. If you would like any copies of the worksheets used at school please see the Busy Bee staff to collect these. If there is anything you would like us to focus on please let the staff know and we will accommodate this as best we can.

Miss Amie & Miss Amanda
(NQA 1,2,3,4,5,6&7)

PLAYFUL POSSUMS



1. Space
2. Multiculturalism
3. Cooking
4. Shapes
5. Environment

During the month of July, children will be strongly working on identifying their shapes and colours. We will be focusing on shapes during the week beginning 22nd July and we strongly encourage parents to continue practicing shapes and colours with your child at home.

PLAYFUL POSSUMS

During the week beginning Monday 15th July, we are focusing on cooking experiences and using food in other ways such as craft and sensory experiences.

It would be great if parents bring in a favourite recipe or item of food that your child enjoys to create and share this with the rest of the Playful Possums. For children who are becoming more confident sleeping with not wetting their nappy, we ask parents if they wish to try allowing your child to have a rest without a nappy. If you wish to go forward with this, please speak with Miss Nikki. Following the interviews and reports, if parents have any further questions, please speak with Possums Staff.

Miss Nikki and Miss Christine



BABY BUNYIPS:

1. Numbers and counting.
2. Literacy and numeracy skills.
3. Friendships and kindness within our community.
4. Science and Maths.
5. Shapes.

The Bunyip's will be focusing on lots of concepts during the month of July. If you have any books or resources related to any of our stimulus areas at home, please feel free to share these with us. A most important message about being kind to others is part of the Early Years Learning Framework. We begin supporting this learning at a young age by role playing using props such as the baby dolls and sharing stories that show children the importance of being kind. On a daily basis, we also show children ways to do this, and praise and encourage their efforts when sharing and displaying kindness towards others.

(NQA 1,2,3,5,6&7)

PROFESSIONAL DEVELOPMENT

GET UP AND GROW

" MUNCH AND CRUNCH"

On Wednesday 12th June Miss Amie and Miss Maree attended an 8 hour session for childrens health. At the centre we offer the children healthy snacks for morning and afternoon tea that comprises of fresh fruit , vegetables cheese and milk. Exercise is a vital aspects of all children's development and each room includes

PROFESSIONAL DEVELOPMENT

physical activities for children to promote learning, sharing and growth. In the front foyer we have a collection of articles for families to promote healthy eating and healthy lifestyles. We encourage all families to take information to promote healthy lunch box ideas and healthy bodies for all our children.

LANGUAGE DEVELOPMENT

On Wednesday 19th June Miss Maree , Miss Nikki and Miss Kelly attended the Launch of the Early Childhood Speech and Language Screener that has been trialled and endorsed by Speech therapist at the Childrens hospital, Westmead. This screener will allow staff to screen children across all rooms in respect to their language acquisition. Through staff observations, discussion with families and use of the screener staff will be able to promote more meaningful feedback to families in respect to the development of their child's language development. These screeners will be conducted when children are age appropriate and a copy will be placed in children's portfolios along with a copy forwarded to families .

FEE INCREASES 1st JULY 2013

A reminder to all families that Fees have increased by \$3 a day in line with staff wages , superannuation increases and centre costs. Fee receipts will be distributed at the week commencing the 8th July to allow parents to view their new schedule of payments. These fees have been kept to a minimal to support all families. We have not raised fees for over 12 months at the centre.

Room Rates from 1st July

Fees Bunyips room	\$82.00 per day
Playful Possums room	\$77.00 per day
Busy Bees room	\$72.00 per day

HAPPY 6th BIRTHDAY JUMPSTART 4 KIDS 8th AUGUST

On Thursday 8th August we will celebrate 6 years as a business. We would like to thank all our families for their generous support. We will have a party day with the children to celebrate, with games ,activities and of course a slice of cake.



CADBURY FUNDRAISER

15th July

Chocolates are certainly in the "sometimes food category" and we understand that these treats can be very tempting. The Cadbury fundraising chocolates are our most significant source of funds for children's resources at the centre and we ask all families to take a box to sell and return to the centre. Families are asked to return collected funds by Wednesday 31st July. This is an active way for each family to support the centre.



FAMILY PORTRAITS FRIDAY 2nd August \$20.00

Advance Life Photography will be attending the centre on Friday 2nd August to complete portraits for families. These portraits are an inexpensive way to capture growing families . Families are invited to place their names on the list in the foyer. Payment must be made prior to selecting an appointment time . Times commence at 3.30pm and will continue through to 8.00pm in the evening . We encourage all families to take part in this fundraiser.

STAFF SUPPORT CHILDREN WITH CANCER 18th -23rd July CUPCAKE SALES



Each year the staff at JumpStart 4 Kids cook a variety of morning tea treats for parents to purchase in order to raise funds for children with cancer. Many families , children and staff have had personal experiences of loved ones who have suffered with cancer. Witnessing the struggles that young children with cancer face and their families is distressing. We hope that all our families can support us in raising our 2013 target of \$550 for childrens cancer. This is the third year that the staff have actively participated in the event and each year we have been proud to reach our goal with the support of our families. All donations go to camp quality . Please help us to make a difference for these children.

**PARENTS ARE INVITED TO MAKE
ORDERS PRIOR TO SALES. All
Rooms will be competing against each
other.**

**CAMP QUALITY SHOW Monday
22nd 10:00am**

As part of our Educational programming at the centre we have focused on the importance of friendship , and how friendships can



support people who may be experiencing ill health .

On Monday 22nd July the children will be involved in the camp quality puppet show that discusses cancer and how "laughter is the best medicine". We are aware that many families have had older family member pass away from cancer. We hope that the children will be open to asking questions and begin to understand that children who suffer sickness and illness need friends around them to assist in their recovery.

ASTHMA

Attacks in young children

Seeing your child having difficulty breathing is a very frightening experience. Asthma tends to cause symptoms at night and early morning, and it can be exhausting and distressing for both parents and infants to cope with.

Signs that your child's asthma is getting worse include:

- Cough, wheeze, and/or shortness of breath, especially at night or early morning
- Needing extra doses of reliever medication
- Having symptoms while they are playing

What should I do when they are sick?

The most important things to do are:

- Be informed – understand what the medication does and when and how to give it to your child
- See your doctor regularly. Most asthma can be managed by your GP, but sometimes referral to a paediatric respiratory specialist is needed
- Have a written [Asthma Action Plan](#).

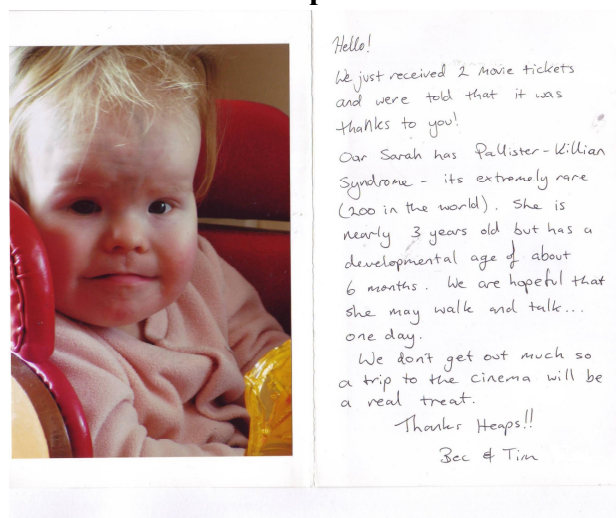
ASTHMA PLANS AT JUMPSTART

At Jumpstart 4 Kids all staff are trained in Asthma management and each room has an Asthma kit in the event that a child has an Asthma attack. Our centre policy states that asthma plans are to be provided to the centre every 3 months. With the onset of winter we ask all families to provide an updated copy of their child asthma plan so that we can support all children's health needs.

Don't be afraid to ask for help. Call 1800 645 130 to talk to the Asthma Foundation about your child's asthma, talk to your doctor or an asthma nurse.

SUPPORTING THE COMMUNITY.

At JumpStart 4 Kids we use our raffle money for the purchase of resources and to support our community . Each year we donate funds to Care Fight to support families and children with illness. We were touched to receive a thankyou letter from a family that we had supported and wished to share this with our JumpStart families.



DONATIONS

- Books , Magazines
- Raffle prize gifts
- Paper, craft items, cardboard rolls
- toys

Thank you to the following families who have recently donated to the centre.

Mrs Nicole Black - Jessica Bees

Mrs Rima Mourad- Charbel Possums

PARENT FORUM:

Attached are the minutes from our parent Forum . We invite all Families to our next meeting on Monday 2nd September.

FINAL THOUGHT

Help your kids 'play active' by buying gifts that encourage physical activity such as balls, bats, skipping ropes and other equipment. This will be a fun way to help your children develop and practice their skills.



JUMPSTART 4 KIDS STAFF