

Jumpstart 4 Kids

Newsletter No 9, 2013 SEPTEMBER

HAPPY FATHERS DAY

We hope all our Dads and special men in our children's lives had a great Fathers Day on Sunday 1st September.

We congratulate all our lucky winners at our recent Fathers Day afternoon tea. We thank all our families who joined us for this very special afternoon tea. The children have been very busy making their special gifts for you. Enjoy.



HEALTHY EATING MONTH

Monday 26th August commenced healthy eating month. This is a nationally recognised month where a focus is placed on eating healthy fruits and vegetables. At JumpStart 4 Kids we encourage children to engage in healthy eating by offering children a selection of different fruits and vegetables. We are pleased to announce that we have been successful in attaining a grant for \$500 to improve the physical activities of children and to enhance our vegetable garden. The children really enjoy engaging in cooking experiences from our vegetable garden. This grant will allow us to purchase additional game equipment for outdoor and resources. **NQA 1,2,3**

FAMILY LUNCH ETTAMOGAH

Sunday 22nd September 12-2pm



**Cnr. Merriville & Windsor Rds
Kellyville Ridge, NSW, 2155**

At our last Parent forum we discussed a Family Day. Parents nominated the Ettamogah at Kellyville Ridge as a suitable venue for families to spend a Sunday lunch together. This venue offers a fantastic play area and a welcoming atmosphere for families to get to know each other. We hope to see many of our families on Sunday 22nd as we share in a relaxing Sunday afternoon together. **NQA5,6,7**

WEEKLY EXPERIENCES

ROOM STIMULUS AREAS:

BUSY BEES:

1. Healthy Eating
2. Farm Week
3. Spring
4. Healthy eating at school



In the upcoming weeks the Busy Bees will learn about healthy eating, focusing on healthy food and sometimes foods- this is a good time for all parents to revisit what food they provide for their children on a daily basis giving your children a selection of healthy foods to promote healthy eating. Please remember and take care when packing your child's lunch- NO chips, lollies, chocolate.

The Busy Bees have been working on eating our food faster throughout the day. The children are given half an hour to eat each meal and after that

time the children place their food back in their lunch box. Half an hour is ample time to eat. Next year your child is going to kindergarten and they will only be given a short time to eat, so please encourage your children to eat within this time frame to assist with their transition to school.

SCHOOL READINESS FOCUS



In the Busy Bee room we are starting to introduce the 20 most common sight words to the children to start their reading before

they begin school. Children are also focusing on letter and number recognition. These two components are important for your child's learning so helping out at home with this would be appreciated. Each child should be able to recognise their first and last name and be able to at least be able to begin to write their names unassisted.



Miss Amie & Miss Justine

(NQA 1,2,3,4,5,6&7)

DEVELOPMENTAL FOCUS

During the Month of August children in the Busy Bees room were provided with opportunities to demonstrate their continued learning through updated developmental focus areas. These sheets have been completed at the commencement of the year and these skills were highlighted through the midyear reports. Children have been provided with repeat opportunities to demonstrate these skills through the later months of the year. We invite all families to view this updated documentation that has been inserted into children portfolios. We remind families that their child's portfolio is able to be viewed at any time and we extend an opportunity to all

families to speak with us in relation to your son or daughter's progress.

PLAYFUL POSSUMS

- 1. Under the sea**
- 2. Farm week**
- 3. Transport**
- 4. Seasons**



During the month of September, the Possums will be looking at farms and focusing on chickens as we

are preparing for our chicken hatching experience. We will focus on Spring as a season and revisit our other three seasons in the year. Remember as the weather changes it can still be unpredictable, so a reminder to pack both warm and cool clothes and always have spare clothes in your child's bag. All children are to bring a drink bottle each day and both fitted and flat sheets for sleep. During this month we will be looking at counting. It would be helpful if all parents encourage and promote counting at home as well as this is an area that possums are having some difficulty in.

Miss Nikki and Miss Christine

BABY BUNYIPS:

- 1. Transport**
- 2. Farm Week**
- 3. Spring**
- 4. Self Help Skills**

(NQA 1,2,3,5,6&7)

The Baby Bunyip's have spent recent months focusing on the area of language development. We have found that many of the children have responded well to a variety of language based activities and enjoyed the repetitive delivery of many stories. The children have learnt the actions in songs and stories and imitate these. Older children in the class are joining words together and speaking in short sentences to communicate their needs, wants and to join in with conversation. We will continue to build on children's language as we visit our next range of

stimulus areas. We will also be focusing on the development of self-help skills including feeding, dressing and toileting. By working with the children and their families we aim to develop some practical everyday skills.

Miss Kelly and Miss Nirmika **NQA 15,6,7,**

LANGUAGE SCREENERS BUNYIPS ROOM NQA 1,2,5,6,7

During the second half of August, we have been completing language screeners on each child aged eighteen months and older in the Bunyip's room. These screeners were issued to us at a recent in service attended by Miss Maree, Miss Nikki and Miss Kelly. This in-service addressed speech and language and provided us with updated information and tools to screen children's language development. As these screeners are provided to parents, staff will discuss their content and if necessary, explain what the steps are in order to seek assistance from local support services to actually assess your child's speech and language.

SCIENCE WEEK NQA 15,6

Monday 12th - Friday 16th August was National science week. Throughout this week all of the children participated in different experiments, investigating a range of different activities. Our favourite experiment from experiment week was the water travelling experiment where the children watched blue water travel up and through paper towels and down into the other cup. The children enjoyed watching the water travel over a long period of time.



BOOK WEEK NQA 15,6,7

Monday 19th- Friday 16th Jumpstart took part in national book week, during this week we all came together as a centre to dress up in our favourite book/fantasy characters. Each day the children were read a different story looking at the different characters in each of the stories. The children from all three rooms loved participating throughout book week showing their friends their different dress ups.



DENTAL AWARENESS NQA 1,2,5,6,7

On Thursday 15th August we participated in a Dental Awareness show. Dental hygiene includes brushing and taking care of our teeth. The children were shown pictures and slides of all different foods both healthy and not healthy, allowing the children to recognise if the food is a sometimes food or healthy food we can eat each day. After the talk each child was invited to brush the toy monsters teeth being shown how to brush your teeth the correct way before receiving a special stamp. We encourage all families to monitor and supervise children oral hygiene twice a day.



LIVING EGGS EXPERIENCE



On Monday 9th September we will be caring for some very special babies. Eggs will be delivered to the centre and will slowly hatch over two weeks. The children will be able to explore life cycles and nurture our special friends. This will be wonderful opportunities for all children. NQA 1,3,5,6,7

PORTFOLIO WEEK

23rd - 27th September

During this week we invite all families to take time with their child to view their portfolios. We ask that all families complete the goal setting sheet with staff and take a few moments to view the accomplishments and range of learning experiences that your child has engaged in with us at JumpStart 4 Kids. NQA 1,2,3,4,5,6,7

EMERGENCY EVACUATION DRILL NQA 1,2,3,4,5,6,7,

A reminder to all families that the children engage in regular evacuation drills. These drills provide the children with knowledge about how to safely exit the building in cases of emergencies. We ask all families to discuss emergency evacuations at home with their children in case the need arises. This minimises children's fear and reassures them in times of emergencies.

SICKNESS AND ILLNESS POLICY



We remind all families that children who are ill are required to stay and home and not attend the centre. If a child is collected from the centre due to illness they are required to take leave from the centre for 24 hours. This means that they are unable to attend the following day. We realise that this is often an inconvenience to families, but we must be considerate of all children and families and minimise the spread of illness.

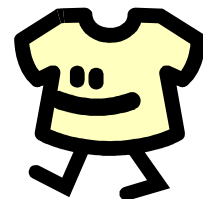
NO HAT NO PLAY POLICY

With Spring well and truly with us we remind all families that all children must have a hat for



outdoor play. Children who do not have a hat will be required to play in the shade or remain inside with a staff member. We encourage all families to place a labelled hat in their child's bag each day. Hats are available for purchase for \$15. Any child who is not provided with a hat after three occasions will be provided a hat with costs placed against their fee schedule. NQA 1,2,3

CHANGE OF CLOTHES



Many children experience accidents during their day. It is very distressing for a young child who does not have any clothes to change into. They often are embarrassed and while we have a small amount of spare clothing this is very limited and often borrowed clothes are not returned. We ask all families to ensure that their child has a spare set of clothes in their bag each day.

OCTOBER NEWS

STEPS SCREENING Thursday 10th October



STEPS is a state-wide eyesight preschooler program that is provided by the NSW Health department, offering all 4 year old children a free vision screening assessment. The assessments will begin at 9.30 am. All families eligible for this screening will be provided with an information pack. This will need to be returned to the centre prior to the screening. No child will be screened without this permission being returned.

If families have any questions in relation to this screening please do not hesitate to ask Maree, John or a staff member.

GRANDPARENTS AFTERNOON TEA 25th October. 4.00pm

Grandparents are certainly very special people in the lives of children. To celebrate these very special people we would like to invite our Grandparents to a very special afternoon tea. We hope that you can join us at 4.00pm on Friday 25th October.

HALLOWEEN DISCO

Friday 1st November 6.45pm-8.00



On Friday 1st November we will be hosting a Disco with a Halloween theme. Children can dress up in costume or simply come along for a fun time.

Tickets are \$5.00... Families are invited to bring a plate to share on the night. Funds raised will go to each room leader to purchase resources for individual rooms. We look forward to seeing as many families as possible on the night. (NQA 5, 6, &7)

PARENT FORUM.

We remind all families that our next Parent forum is on Monday 2nd September.

Session 1 4:15- 4:45

Session 2 5:00 - 5:30

NOMINATION OF DAYS FOR 2014

We will be placing a grid in the foyer for parents to nominate days for 2014. We remind all families that they must complete this grid as confirmation of your continuing enrolment for 2014. Please complete the grid for nominated days located in the foyer by Friday 1st November.

CHRISTMAS SHUT DOWN 2013

We remind all families that the centre will close on Tuesday 24th December. We ask families to collect children by 2.30pm and will reopen on Monday 13th January.

Fees are not payable during this period. All Fees

will need to be paid in Full by Friday to 13th

December to accommodate processing of payments to Family assistance prior to the end of the year. (NQS 4,6,&7)



DONATIONS

We are always appreciative of donations for our Raffles.

We Sincerely thanks the following families who recently donated to our Fathers Day raffle.

Ms Rowley - Esky / glasses coaster

Mr Kim Martin gym memberships

Mrs Bernadette Smith - Share gift

FINAL THOUGHT

May we all enjoy our families and remember how special our time is with each other. The gift of time is certainly the most precious and one that is often too easily forgotten. A gift is great, but to sit, listen and share time with someone you love is priceless. We hope you share many priceless moments with those you love and care for.

JUMPSTART 4 KIDS STAFF