

Jumpstart 4 Kids

Newsletter No 9, 2015 September

FATHERS DAY AFTERNOON TEA

4th September 4.00pm ALL WELCOME



We would like to invite all the special men in our children's lives to celebrate with us on Friday 4th September at 4:00pm. The children have been busy making special gifts for this occasion. We hope that all our children have a great day with the significant men in their lives. Dads, Uncles, Grandfathers, Friends and neighbours all contribute and enrich our children's lives. So to these fantastic men we say a huge "Thankyou" So please join us as we express our thanks for the marvellous contributions that you make each day. (NQA 1,5,6&7)

POLICE VISIT 10th August

On Monday 10th August Constable Nathan MacDonald attended the centre to speak to the children about Protective behaviours.



Many parents may remember this as '*Stranger Danger talk's*'. This is *no longer used in* childcare or school settings as children have

often been mistreated by people who they trust and who are in fact NOT strangers.

Constable Nathan spoke to the children about "Keeping Themselves Safe" at all times and how Police can help children if they are lost or need help. Police play a fantastic role in our community and families are encouraged to speak with their children about being safe and how important it is to speak up and ask for help if they feel unsafe or are in an unsafe environment.



All of the children loved this experience, learning to say Stop, No, Go away, when they feel unsafe or if they are approached by stranger. All of the children had a turn at sitting in the police car, their favourite part hearing the siren at the end of the experience.

(NQA 4,5,6&7)



Dental Show

August is Oral Hygiene month. Dental hygiene is very important for young children. On Tuesday 11th August the centre hosted an in-service that was delivered by Janine who is a trained Dentist. This show teaches children the importance of taking care of our teeth by eating healthy food, drinking plenty of water and by making sure we brush our teeth morning and night. Children were shown through the use of a puppet how to brush correctly and actively took part in group activities to identify foods that are healthy and unhealthy for our teeth.



We remind families that fruit juice, cordial and soft drinks are sometimes drinks and should not be given to children on a daily basis. We ask that parents do not provide these to children attending the centre for care. These drinks will be substituted for water and milk, which are readily available at the centre each day. (NQA1,2,,5,6&7)



WHAT IS A QR CODE? WHERE WILL I SEE THIS?

Parents may notice that their child's portfolio may contain QR code inserts. This code contains readable information about the item that it is attached to. Some Questions and answers for parents.



Q. What do you need to scan a QR code?

A. You'll need an app that can read QR codes like Barcode Reader or Google Goggles in the Android Market. Using your Smartphone or tablet download a QR Code Scanner. All of these apps are free to download, and each one should handle any standard QR code just fine.

Parents can view video's of their child at JumpStart. This brings our Portfolios to life. This is a follow up initiative from staff as they continue to build observations for children that are engaging for families so that you can witness first hand milestones and learning in real time. Staff are just beginning this process so your patience is appreciated. we hope that all families can access this observational style across the year.

If parents are unsure about this app please speak with room leaders who are very happy to assist parents. (NQA 1,5,6&7)

AFRICA



food experience

On Wednesday 26th August, Jumpstart 4 Kids came together to **focus on Africa**. During the month the children have been learning about the culture, people and customs of Africa through song, dance and stories. Our celebrations of Africa concluded with an **African Cooking experience across the centre**.

The Busy Bees made delicious pita bread with hommos dip using chick peas, Tahini. and fresh lemons The Possums made Kenyan Coconut rice and African Coconut Clusters, while the Baby Bunyips made some Special African Jungle Juice with a African Coconut Fruit Salad. We all came together and spoke about the food and touched base on Africa itself. The food was delicious.

AFRICAN JUNGLE JUICE

- 1 banana, peeled
- 2 cups orange juice
- 1 dash ginger

Blend together for a delicious drink . You can



also add yoghurt.

AFRICAN

FRUIT SALAD

- 4 cups fresh pineapple or 4 cups canned pineapple, 1/2 inch cubed
- 2 medium oranges, peeled and divided into sections
- 2 bananas, cut in 1/2 inch slices
- 2 tablespoons lime juice
- 2 tablespoons dark brown sugar
- 1 cup unsweetened coconut, shredded, toasted



DIRECTIONS

Combine fruit in a bowl.
Combine lime juice and brown sugar and add to fruit; toss to coat. Get your hands in there!
Cover and chill at least 1 hour.
Sprinkle with coconut.

AFRICAN COCONUT CLUSTERS

- cup milk
- 1/2 cup cocoa powder
- 1 cup sugar
- 1/2 cup light margarine
- 3 cups oats
- 1 teaspoon vanilla flavouring
- 1 cup shredded coconut



DIRECTIONS

Simmer milk, coco, sugar and margarine for 5 minutes and remove from stove.
Add the oats, vanilla and coconut and stir.
Take full teaspoons out and place them on wax paper to cool down.



NIGERIAN PITA BREAD

- 1/4 cup vegetable oil
- 1/4 teaspoon salt
- 1/4 teaspoon paprika
- 3 pita bread,



DIRECTIONS

In a small bowl, mix oil, salt and paprika. Brush the pita with the oil mixture. Cut pita bread into pizza style slices and place on tray lined with grease proof paper.

Cook in a preheated oven of 180 C for about 12 minutes or until pita chips are golden and crispy. Put the pita chips on a rack and let cool. Serve with Hummus.

KENYAN COCONUT RICE



(NQA1,2,3, 4,5,6&7)

- cups rice, washed and drained
- 2 teaspoons salt
- 500 ml coconut milk
- 500 ml water
- 2 tablespoons coconut milk, extra

DIRECTIONS

Place rice, salt and 2 cups coconut milk and water in a pan medium heat,. Bring to a boil, stirring occasionally.

Reduce heat, cover with lid and simmer very gently for 20-25 minutes.

Just before serving, add thick coconut milk and fluff up with a fork.

We hope all our families try some of our delicious recipes. Enjoy.

BOOK WEEK

During Book week children were encouraged to attend as their favourite character.



This was a fantastic experience for children to share they love of their favourite character and

enjoy reading for pleasure. We remind families that reading to your child each night improves children's vocabulary and literacy skills/ Developing a love of reading at a young age support children in language and remain skills as they begin their formal educational years.



(NQA1.,5,6&7)

BUSY BEES:



- 1) Superheroes
- 2) Technology
- 3) Our Bodies
- 4) National Health

During the Month of August the Busy Bee Room got a smart board installed. The Smart Board is now being incorporated into everyday learning experiences and the Bees have enjoyed doing a variety of educational experiences on the Smart Board.

SCHOOL READINESS FOCUS

During the month of August the Busy Bees have learning about seasons and have demonstrated a good understanding of season, being able to talk confidently about what happens in each season. During the month of September the Bee's will be continuing to develop their letter knowledge by focusing on the letters N, K and V and the sounds these letters make. The Bees will also be focusing on the numbers 17, 18, 19. This month the Bees will also be developing their counting skills which will assist with learning addition.



Pre-Lit

The Busy Bees are doing really well in our Pre-Lit program, demonstrating a broad range of literacy skills they have gained from the program.

Reading allows children to view words for a specific meaning. Children learn Sight Words and use these to gain proficiency with reading skills.

It is important that literature is always part of a child's environment and we ask that parents read with their child each night for 15 minutes to support our Pre-Lit program and continue to develop comprehension, reading and writing skills.

Supplementary Home Support

Homework is part of school and to assist with the transition to school, homework booklets are available for the Busy Bee's. We encourage parents to collect homework for their child as the homework links directly with the Busy Bees School Readiness Program. Supplementary homework helps to build children's confidence in learning as well as further developing school readiness skills.

(NQA 1,2,5,6&7)

PLAYFUL POSSUMS

- 1) Technology
- 2) Our bodies
- 3) Superhero
- 4) National Health



During the month of August the Playful Possums focused on the months of the year and the days of the week. The children created a

calendar on our white board which we will visit each day. The children took part in a spontaneous experience around our bodies. All of the children loved using pictures of their peers labelling their body parts.

Throughout the month of September the Playful Possums will be looking at the different types of technology available using the different



types during experiences.



BABY BUNYIPS LEARNING :

- 1 Farm week
- 2 Under the sea
- 3 Things that fly
- 4 National Health

The Bunyips really love being engaged in story time. This helps stimulate their minds and



allows them to be strong readers. We are encouraging children to become independent readers and also begin to learn how to turn pages in the book from start to end.

During the month of September we will be looking at self help skills such as learning to feed ourselves independently and beginning to look at the concept of getting or assisting getting our hats from our bags when we are transitioning to outdoor play.

We will also be getting a visit from the farm which will assist us learning and recognising animals on a farm that differ from regular animals we may see at home.

We want children to touch base on different flavours of food such as sweet, slimy, salty, cold and savoury. Undertaking this idea will allow children to eventually become more familiar with trying new foods to broaden their sense of taste.

Miss Trish and Miss Nikki

Science Week



The Busy Bees enjoyed planting seeds into egg cartons as they are focusing on biology during science week. They can't wait for them begin to grow!



The Playful Possums completed the celery experiment which they found to be very interesting. They made sure the water was coloured red and blue so that they could visualise the usually invisible process. Plants need water to survive and they draw water up from their roots through their capillaries.



The capillaries are hollow and act a lot like a straw. They were very excited to see the leaves turn a shade of blue and red.

The Busy Bees completed an experiment during Science Week where they placed coloured water in one cup and they left the other cup empty.

They then created paper towel like bridges from the full cup to the empty cup. The children noticed that the paper towel absorbed the water, it went all the way up the 'bridge' and the water transferred to the other cup. They also discovered that the thinner bridges worked a lot faster, this was a great experiment which the children continued to check on not only throughout the day but throughout the week.



In the Possum Room Miss Justine also taught the concept low and high by blowing bubbles. The Possum learnt that the bubble floating up near the ceiling were high and the bubble floating down near the floor were low.

(NQA1,2,3, 4,5,6&7)



COMPANION BEARS FOR SEPTEMBER

REMINDER TO ALL PARENTS.

WAYNE EDDIE



Mia S.
Akon



Elizabeth
Kyle

A REMINDER TO ALL FAMILIES THAT THE COMPANION BEARS MUST BE RETURNED AT THE END OF EACH WEEK. Many children become quite distressed when they are unable to have their scheduled week due to families not returning the bears promptly. (NQA,1,2,3, 4,5,6&7)

HALLOWEEN DISCO Friday 23rd
October **6:30pm**



Our Halloween Disco will be hosted at Jumpstart 4 Kids. Tickets for children are \$5.00. Parents are asked to bring a small plate to share. This is a great night for families to mingle and for children to enjoy a themed disco and to share in Trick or Treat in a safe and fun environment.

We would be appreciative if we could have 3 around 4 parent volunteers to assist on the night for about 15 minutes at activity tables. If you can assist please see Miss Maree or Mr John. your support would be greatly appreciated.

Parents are encourage to dress up in the spirit of the night. All Welcome. (NQA 1,4,5,6,7)

FOOD EXPERIENCE SEPTEMBER



During the Month of September we will be exploring Egypt as our FOCUS Country. We will be celebrating the cultures, tradition and customs of Egypt through song, dance, stories and finish with an Egyptian cooking experience later in the month. Families who have Egyptian foods or recipes that they would like to share with the centre are welcomed.

PARENT FORUM (NQA1,2,3, 4,5,6&7)

Wednesday 16th September

Session 1: 4:15-4:45pm

Session 2: 5:00 - 5:30pm

At JumpStart 4 Kids we believe that parents are vital part of our business. Your suggestions and feedback is highly valued and we are constantly trying to improve the centre in respect to the educational, aesthetics and community links so that we support children and their families to the best of our ability. To achieve this we need families to discuss ideas and suggestions with us on a regular basis . We thank all our families who have contributed throughout the year and would like to extend an invitation to all families to join us for either session on Wednesday 16th September to provide feedback and to consult with us in respect our future goals.

(NQA 1,2,3,4,5,6&7)

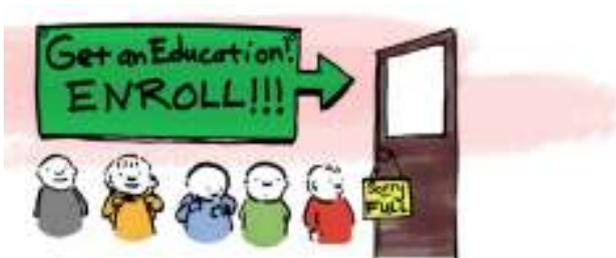
SCHOOL HOLIDAYS

21st - 2nd October

As the school holidays approach we would like to remind parents that we would be appreciative if families could inform us if their child will be absent from care. Please call the centre prior to 9.00am to notify staff of your child's absence.

FEE RECEIPTS AUGUST:

Receipts for the Month of August are Now available for all families in the foyer. Fee receipts are printed at the conclusion of each month. It is the responsibility of all families to ensure that they have collected their fee statement and to discuss any fee discrepancies promptly with the Directors. (NQA 5,6&7)



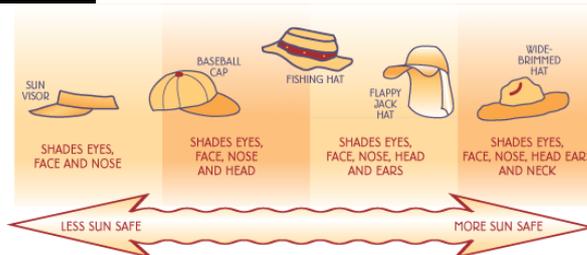
2016 Enrolments

The 2016 booking sheet is NOW in the foyer. This will allow our current parents to finalise days for 2016. Parents are asked to speak with John, Maree or staff to confirm your nominated days for 2016. We remind all parents that it is important to place their child's name on the grids provided to ensure a placement for 2016.

Parents who do not confirm dates will not be guaranteed a position.

WE ASK ALL FAMILIES TO FINALISE BOOKING DATES BY 3rd October. (NQA 4,5,6&7)

HATS



A reminder that all children must have a sun safe hat for outdoor play. Children who do not have a sun safe hat after 3 reminders will be provided with a hat and \$15.00 will be charged automatically to parents accounts.

DONATIONS Christmas Raffle and St Vincent's DePaul Baskets

Each Year we ask families to make contributions to our Christmas raffle and St Vincent De Paul Hampers.

We would be grateful if Families could start donating Items for both these events in preparation for our end of year celebrations.



Gifts for our Christmas raffle

St Vincent De Paul Baskets items , Chips / Soft drinks , lollies, savoury biscuits,Chocolates,Christmas stockings.

FINAL THOUGHT

It's not only children who grow. Parents do too. As much as we watch to see what our children do with their lives, they are watching us to see what we do with ours.

Let's be great examples every day.

JUMPSTART 4 KIDS STAFF