

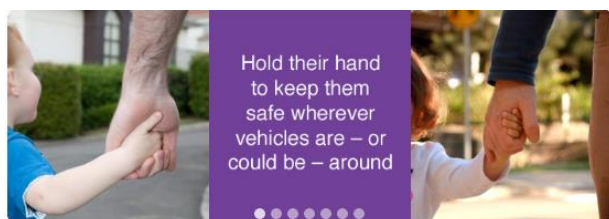
Jumpstart 4 Kids

Newsletter No 7, 2018 JULY

CENTRE INFORMATION: QUALITY IMPROVEMENT PLAN 2018 CONNECTING WITH COMMUNITY.



On Monday 30th July our centre will be hosting *An Early Childhood Framework for Road Safety Education* presentation for Early Childhood educators in the local community. This is 2 hour training opportunity endorsed by the NSW education standard Authority for early childhood educators to develop and discuss how they can use everyday interactions with children as valuable road safety intentional teaching opportunities. Educators will investigate ways of documenting and assessing children's involvement in road safety learning to effectively plan and program across the early childhood curriculum. Educators will be inspired by new ideas and strategies for working with young children, their families and communities to help promote safe travel practices.



Our centre car park is a busy area and we remind families to keep children safe by holding their hands and discouraging children from running in the front car park. It only takes a split second for a child to move behind a car. Driver's visibility can often be reduced in small spaces, such as our car park, so please hold your child's hand when entering and exiting from the centre car park.

This event supports our centres Quality Improvement Plan (QIP) as we continue to support the health and safety of children in our care through connections with family and community. Parents are welcome to view our QIP and make suggestions at any time. (NQA 1, 2, 5, 6, & 7)

READY TO SCHOOL NIGHT

Thank you to all our families who attended our Transition to school night on Tuesday 19th June. Our feedback on the night from families was overwhelmingly positive with families



identifying strategies that they can implement at home to support children with their language, writing, literacy, numeracy and social skills. Debbie and Alex, a Speech and occupational therapist spoke about children's language skills; questioning; capacity to follow instructions; ability to produce letter sounds and social skills required to be deemed school ready. Miss Maree, Miss Sophie and Mr John discussed various screeners and recent parent and educator meetings that had recently taken place. Handouts were provided from our guest presenters in regards to speech, occupational therapy needs and from the department of education in respect to skills required for children as they transition to school. We remind all families that age is not a determining factor for school readiness. Rather their confidence with following instructions, emerging literacy and numeracy skills will be the best indicators of school readiness. We encourage families to have active conversations with educators in determining your child's progression as they commence kindergarten. Parents who were unable to attend the evening are able to collect

handouts from Miss Sophie and Miss Justine in the Busy Bees room. (NQA 1, 2, 5, 6, & 7)

COUNTRY OF THE MONTH TURKEY



During the month of June the children explored cooking, craft and music from Turkey. The Possums enjoyed making delicious Turkish Pizza, picking spinach and chives from our vegetable. The Baby Bunyips made 'Tost'. This consisted of



cheese, spinach and tomato toasted on Turkish bread. The bunyips were very keen to taste all the ingredients as they prepared their delicious treats for afternoon



tea.



The Busy Bees created Feta Spinach Gozleme using fresh

spinach that they picked from our vegetable garden. The children placed the ingredients inside the pockets of the bread before Miss Justine cooked the bread in our sandwich press. The children loved eating fresh, spinach and feta cheese parcels. Using a variety of coloured pasta the children made decorative beads and wore

these as they danced to traditional Turkish music.

Our Country of the Month for July



will be AMERICA. We invite families to share their cultural skills with educators as we plan to celebrate our next country across the centre.

CAMP QUALITY PUPPET SHOW

The children were treated to a wonderful puppet show with two fantastic puppeteers on 1st of June. They listened intently as the puppeteers



discussed the difficult topic of cancer and illness, in a child-appropriate manner, through the characters; 'Kylie' and 'Mel'. The children showed a good understanding of what they were listening to as they answered the questions posed to them. We were left with some wonderful resources and a link to a useful website to help a child going through such a tough time or helping them to cope should anyone close to them become ill so that children do not feel excluded. (NQA 1, 2, 5, 6, & 7)



As part of our Cupcake fundraiser we donated \$100 to this worthy cause to educate the

community in supporting families affected by illness and cancer.

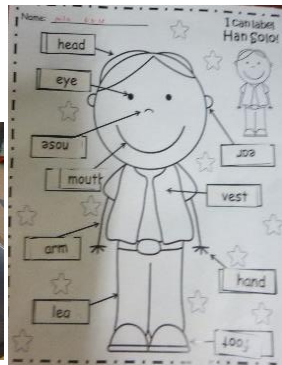
WEEKLY EXPERIENCES



ROOM STIMULUS AREAS: BUSY BEES:

- 1) Seasons
- 2) Sustainability
- 3) Imagination / Favourite movie
- 4) Environment (Plants, Flowers)

During the month of June the Busy Bees have been looking at our bodies. We have been looking at the different parts of our bodies, learning the importance of knowing when someone can touch us and where and what to do if we are ever in a situation where we don't feel happy or safe. We read "Trust your feelings" and "Your body belongs to you". We ask that families talk to children about protective behaviours that children can engage in to keep themselves safe.



During the month of July the Busy Bees will be looking at different ways we can be sustainable at home and during our time at JumpStart sch as saving electricity, reducing waste on WASTE FREE Wednesday. We will be looking at ways we can save electricity and water both at Jumpstart and at home.

SCHOOL READINESS FOCUS LITERACY FOCUS. THE SOUNDS THAT OUR LETTERS MAKE PHONICS:

During the month of June the Busy Bees have been focusing on identifying letter names and

sounds in words. They have then blended the letter sounds together to form words, which will aid them in their reading. These have been simple consonant, vowel, consonant words such as C-A-T, CAT. We have focused on simple sight words and using these words in a sentence as well as practising the formation of letters. During numeracy, the children have revisited numbers from 1-30. The children have used matchsticks to represent number groupings and to create shape patterns for a square, triangle, rectangle, pentagon, hexagon and octagon. We have also been assisting children to develop their problem-solving skills in numeracy, using questions to help them think creatively about a problem at hand. The children continue to develop their listening and attention skills through educators support as they increase their attention and participation in a variety of group activities.



Throughout the month of July we will be focusing on the following during the school readiness program.

Zz as in zebra



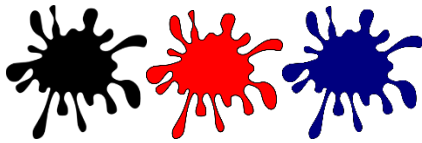
Ww as in watch



The Busy Bee's will be looking at numbers 21 (twenty one), 22 (twenty two) and 23 (twenty three) during the month of July to develop their number recognition and counting skills.

21 22 23

We will be focusing on the following colours:
black, red, blue.



Children learn colour by focusing on one colour at a time. They learn to identify a collection of items through sorting activities with the educators in the room. Each colour will take a focus for 1 week.

Pre-Lit

Over the course of June, the children's favourite book appeared to be *Winnie at the Seaside* by Valerie Thomas. The children enjoyed listening to the funny story about Winnie's adventure at the beach. During the month of July, we will be reading the following stories: *Slinky Malinki* by Lynley Dodd and *Wombat Stew* by Marcia Vaughan. We will also be playing some fun games of our own to help the children with their blending and segmenting skills. They will also be working hard at identifying rhyming words and sight words. (NQA 1, 2, 3, 4, 5, 6, & 7)

BUSY BEES NEWS

Please remember what day your child's news day is. Your child is only able to do news on their allocated day. News is a time where the children talk about a special item/ event. It is a great idea to try and have your child bring a photo or drawing to talk about.

Sign In Station

This has been moved to the small blue table near the sliding doors to the babies' room. Please assist your child in the morning to write their name each day.

COMPANION BEARS BUSY BEES & PLAYFUL POSSUMS



WAYNE WINCH



TOMMY TENNIS

Wayne loved visiting Aryan, Shanaya and Emiliana in the month of June. He loved going on many adventures, braving the cold weather, playing outside and meeting new friends. Wayne Winch will be visiting Mila, TJ and Aydin during the month of July. Please remember to only have Wayne for 1 week so we can make sure every child has a turn.

Tommy Tennis had a wonderful holiday with Hiaan, exploring his house and visiting the doctor with him. He is at Kirpa's house at the moment and when he returns he will be spending time with Hannah and Javier. (NQA 1,3, 5, 6, & 7)

PLAYFUL POSSUMS

The Possums have had a great time exploring farms throughout the month of June. They have joined in colouring in a farmhouse and a fence to house all the animals they have made. The Possums made roosters,



ducks, sheep and goats. They have observed working farms using multimedia, as well as singing many farm animal-centric



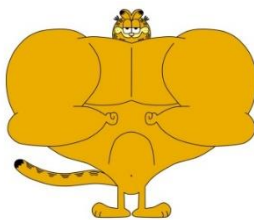
songs like *Old MacDonald* and our new favourite *Chicken Remix Song*.



Throughout the month of July we will explore:

1. Recycling
2. NAIDOC Week
3. Space
4. Disney

Throughout the month of July we will explore the various characters and storylines of the children's favourite Disney tales, exploring beloved songs and characters through a variety of art and craft, dramatic and constructive activities. We will explore the letter C as in Cat, and B as in Broccoli.



The children will explore the numbers 11 and 12, and be encouraged to group in terms of 11 and 12 objects.

11 Must Have Kitchen Items



11 Must-Have Kitchen Items & 12 Monsters

Children will be supported to categorise objects, big and small, as well as exploring healthy eating.



Big and Small

(NQA 1, 2, 3, 4, 5, 6, & 7)

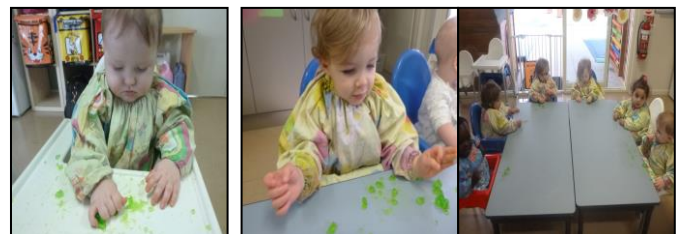
BABY BUNYIPS:

1 / 2: NAIDOC

3 / 4: The great outdoors



During the month of June the Baby Bunyips have focused on weather by reading books and engaging the children in art and craft activities. They explored their sensory skills as they created rain clouds and rainbows using assorted textured materials. Healthy eating became a focus due to Roksana's interest in fruit as we developed children's language skills through the use of flashcards, colouring in pages and books. The children's favourite songs were 'fruit salad' and 'hot potato' performed by the wiggles. Our Bunyips showed magnificent dance moves, so please try these songs at home. The children really enjoyed our jelly sensory experience where they used their hands to explore the jelly and find some hidden fresh fruit which they all loved taste testing, some were not so impressed by the feeling of sticky fingers.



Through the month of July we will focus on NAIDOC Week to educate the children on the history, culture and achievements of the Aboriginal people. The theme this year is "Because of her, we can!" to celebrate this, we



will provide the children with books, activities and crafts based on the significant roles Aboriginal women play in our society.



BECAUSE OF HER, WE CAN!
8-15 JULY 2018

NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in Indigenous communities, but by Australians from all walks of life. The week is a great opportunity to participate in a range of activities and to support your local Aboriginal and Torres Strait Islander community. As a centre all rooms will engage in celebrating this significant week.

We will also be focusing on the great outdoors, educating children on sustainable practises, wildlife and nature. They will begin to develop an understanding of the outdoor environment and the animals and creatures it is home to.

Molly currently has our yarning book, when it is returned Avery and Eden will be the next to take it home so we can share our stories and current interests of them while at school and in their home life. (NQA 1,2,3,4, 5, 6, &7)

FUNDAMENTAL MOVEMENTS



tubes, cricket and T-ball and focus on the

Throughout the month of June we focused on the fundamental movement skill of Striking. The children focussed on the components of Striking. To learn this skill we took part in various activities such as hitting balls with cardboard

components of striking as well as hand eye co-ordination. The Baby Bunyips practiced the skill of striking a hanging balloon in their room environment. We encourage all families to support children in developing ball skills and engagement in team sports to support healthy development.

Throughout the month of July our centre will focus across all the rooms we will focus on the fundamental movement skill of Catching. Children will learn the components of catching. To learn this new skill the children will take part in numerous catching activities using a variety of shaped balls and objects to develop children hand eye coordination. (NQA 1, 2, 3, 4, 5, 6, & 7)



EMERGENCY EVACUATION

Each month the children engage in a mock Emergency evacuation. The whistle is blown and the children place their hands on our knotted rope to assist them in walking out safely in single file to our emergency evacuation point in the car park. The children's names are recorded and educators explain the emergency evaluation process.



The children were very loud as they responded with a shout of '000'. This provides a safe environment for children as they respond appropriately to scenarios as the practice emergency evacuation procedures at the centre.

We encourage families to complete similar experiences at home in case of a fire or emergency so that children are aware of exits and safety areas around your home. (NQA 1, 2, 3, 4, 5, 6, & 7)

31st July HEALTHY EATING SHOW

On Tuesday 31st July we will be hosting a Healthy eating show to support children to actively choose fresh foods instead of fast foods that contain high sugars, salts and fats. Children will learn about the importance of nutritional foods and how they support active growth and development. Parent accounts will automatically be charge \$10 for this incursion.

Across the centre we will be completing a number of healthy eating experiences using vegetables from our garden along with healthy muffins, breads and milkshakes.

We would be appreciative if families could donate Coles, Woolworths and Aldi catalogues so that children can complete craft activities that identify healthy and sometimes foods. Parents can view the **EAT for LIFE website:** www.eatforhealth.gov.au for additional resources and information to support healthy food choices for their children and families. (NQA 1, 2, 5, 6, & 7)

SERVE SIZES									
Vegetables and legumes/beans A standard serve of vegetables is about 1/2 cup (100-150g) of: 1/2 cup cooked green beans, peas or lentils 1/2 cup cooked chickpeas, lentils or kidney beans 1/2 cup green beans or other cooked vegetables (broccoli, cauliflower, etc.) 1/2 cup green beans or other cooked vegetables (broccoli, cauliflower, etc.) 1/2 cup green beans or other cooked vegetables (broccoli, cauliflower, etc.)									
Fruit A standard serve of fruit is about 1/2 cup (100g) of: 1/2 cup grapes, berries, orange or pear 1/2 cup kiwifruit, banana, apple or peach 1/2 cup kiwifruit, banana, apple or peach 1/2 cup kiwifruit, banana, apple or peach									
Grain (cereal) foods, mostly wholegrain and/or high cereal fibre varieties A standard serve (100g) is: 1/2 cup cooked rice, pasta, noodles, barley, bulgur wheat, quinoa, millet, etc. 1/2 cup cooked rice, pasta, noodles, barley, bulgur wheat, quinoa, millet, etc. 1/2 cup cooked rice, pasta, noodles, barley, bulgur wheat, quinoa, millet, etc.									
Lean meats and poultry, fish, eggs, tofu, nuts and seeds, and legumes/beans A standard serve (100-150g) is: 1/2 cup cooked meat, poultry, fish, eggs, tofu, nuts and seeds, and legumes/beans 1/2 cup cooked meat, poultry, fish, eggs, tofu, nuts and seeds, and legumes/beans 1/2 cup cooked meat, poultry, fish, eggs, tofu, nuts and seeds, and legumes/beans									
Milk, yoghurt, cheese and/or alternatives, mostly reduced fat A standard serve (100-150g) is: 1/2 cup milk, yoghurt, cheese and/or alternatives, mostly reduced fat 1/2 cup milk, yoghurt, cheese and/or alternatives, mostly reduced fat 1/2 cup milk, yoghurt, cheese and/or alternatives, mostly reduced fat									

FAMILY PORTRAITS \$20.00 **Friday 7th September**



Our centre will be hosting family portraits on Friday 7th September. A professional

photographer will attend the centre, with all attending families receiving a framed family photo for \$20. Parents are not obliged to purchase additional photos. Parents must pay

their \$20 at the time of their booking. Bookings commence at 4:00pm and continue until 8:00pm at the centre. Friends and extended family member are welcome to take part in our Family Portraits evening.

Booking sheet located in Centre Foyer. **CHANGES TO THE NEW CHILD CARE SUBSIDY**

<https://www.education.gov.au/ChildCarePackage>

The New Child care Subsidy comes into effect

What you need to do

- Sign into your Centrelink online account through myGov
- Select **Complete your Child Care Subsidy** assessment task.
- Work through the steps to **provide new information and confirm** your current details.

Get ready for the new Child Care Subsidy. Get online now.

From 2 July 2018, the child care fee assistance your family receives will change.

Your information **does not automatically rollover** to the new system and you may not receive any subsidy if your assessment is not completed.

Login now to complete your online form now through myGov.

Learn more about the new subsidy and how to transition.

Estimate what your new Child Care Subsidy might be, go to the **Payment and Services Finder**.

myGov

on Monday 2nd July. We remind families that it is their responsibility to update personal details with the family assistance office. We are not able to assist parents with this process. Child care relief will be based on a fortnightly cycle. We remind families that any change in working arrangements, care arrangements or study arrangements must be notified as soon as possible.

We encourage families to view the website to update details of visit your local family assistance office.

DIRECT DEBIT PAYMENTS: **COMMENCING 16th July.**

WE would be appreciative if parents could return forms ASAP.

As discussed at our Parent Forum in March, our centre will be moving to Direct Debit payment. This will allow the centre to ensure that all payments are received promptly. Statements for families will still be placed in the foyer pigeon holes at the conclusion of each month for families to check fee statements. Statements are available at any time upon request.

STAFF